

San Antonio

Association of Health Underwriters

TAHU 23rd Annual Convention

Westin La Cantera

May 5-7, 2011

Inside this issue:

Luncheons	2
Education	2-
Legislative	5
NAHU Professional Development	6
TAHU Annual Convention	6
NAHU Annual Convention	7
Membership	8
Website	8
Calendar of Events	9
Luncheon Sponsor & Recipe of the Month	10

We're on the Web!
www.sanantoniobahu.org

April 1, 2011

PRESIDENT'S MESSAGE

Have you been to a SAAHU Luncheon recently? If not, you are missing out on a lot of great information. Our Luncheons are held on the 3rd Wednesday of each month at Maggiano's Little Italy! In addition to great food, we offer you amazing speakers and CE courses and a chance to socialize with your peers. Being a member of SAAHU has helped a lot of people network and gain knowledge to grow their businesses. I encourage each of you to reach out to your associates and invite them to attend a SAAHU luncheon!

We have the 23rd Annual TAHU State Convention coming up May 5-7th which will be held here in San Antonio at the Westin La Cantera Resort. Please visit the TAHU website at www.tahu.org for more details.

The SAAHU Board of Directors wants all of our members to feel welcome to come to any of the regularly scheduled Board meetings which are held on the 2nd Friday of each month. Please feel free to come and check-out the 'behind the scenes' of SAAHU.

Alison Burkholder
2010-2011 SAAHU President



Volunteer Opportunities

Volunteer with SAAHU

Are you interested in volunteering with SAAHU?

We would love to have you join one of our committees! We are always looking for volunteers to help with: Membership/ Membership Retention, Legislation, Public Service, CHIP Public Outreach and Education/Professional Development.

Please contact us today: sanantonioboard@tahu.org

LUNCHEONS (continued)

Please join us for our upcoming Luncheon at

Maggiano's Little Italy

(located at "The Rim")

17603 IH-10 West, San Antonio, TX 78257

Wednesday, April 20th

Topic: *Update on 82nd Legislative Session*

Speaker: *Rusty Rice*

Registration: 11:30 AM

Lunch & 1 Hour CE: 12:00 PM

Member Cost: \$23.00 / Non-Member Cost: \$46.00

(check, cash, credit card OR by PayPal)

***To RSVP, please send an email to Gwen Holzworth at
gholzworth@avesis.com***

Don't forget your Group I License Number...You'll need it for CE credit!

EDUCATION

We are excited to announce...

SAAHU's 20th Annual Education Symposium!

Please be sure to submit your registration form by April 5th.

We look forward to seeing you at this dynamic event!

Angela Theesfeld
Education Chair

Have you registered yet?

Time and Space is running out!!!

Please Join SAAHU for our 20th Annual Education Symposium!!!

Date: Tuesday, April 12, 2011

Time: 8:00 AM – 3:00 PM

Location: Holy Trinity, 20523 Huebner Rd.

Breakfast and Lunch catered by Martha's Mexican Food Restaurant

You Don't Want to Miss Out on this Event!!! Reserve your table now and invite your clients and employer groups to attend!!!

Ouida Peterson will be presenting:

2 Hour CE: 82626, National Healthcare Reform-How & When, Provider #32408 and

2 Hour CE: 82627, COBRA-Who, Subsidy, & Options, Provider # 32408

&

Neil McGlone will be presenting:

1 Hour CE: 81502, Identity Theft-A Ticking Time Bomb for Small Business, Provider # 38414

Interested in a Booth Sponsorship? See the registration form for details or call

Angela Theesfeld (210-478-4275) for more information!

Please submit your registration form today!!! Payment must be received in full by April 5, 2011



**San Antonio Association of Health Underwriters
20th Annual Education Symposium**

When: Tuesday, April 12, 2011
Where: Holy Trinity ▪ 20523 Huebner Road San Antonio, TX 78258
Time: 8:00 – 4:00 PM

REGISTRATION INFORMATION	
Name	TDI Lic. #:
Company Name	
Address	
City / State / Zip	
Phone	
Fax	
E-mail	

REGISTRATION FEES	Cost	# of Attendees	Subtotal
SAAHU Member (Pre-Registration)	\$75.00		
Non-Member	\$200.00		
Employers	\$75.00		
Corporate Table (Seats 8) 3 or more \$450.00 each	\$500.00		
TOTAL			

SPONSORSHIP FEES	Cost	# of Attendees	Subtotal
Booth Sponsor (Includes 2 attendees)	\$400.00		
TOTAL			

PAYMENT INFORMATION: Check Credit Card *

* Please note there is an additional \$5.00 processing fee for all credit card payments.

Payment must be made in advance. No refunds will be given after Monday April 5, 2011.

Please make checks payable to **San Antonio Association of Health Underwriters (SAAHU)**.

LEGISLATIVE NEWS



Rusty Rice
Legislative Chair

I am excited to announce that we have successfully published the first edition of the SA Leg, a newsletter I have put together to share what healthcare professionals are experiencing in the San Antonio and surrounding markets. Our members were eager to provide feedback for this newsletter as well as provide feedback from some of the employers they represent.

I wanted to keep this newsletter to one page but with such a remarkable response from our members the first issue is 4 pages in length. I promise future issues will be kept to one page which will allow me to send more periodic updates.

I am by no means a wiz when it comes to do-

ing stuff like this but it was a great learning experience

I hope you enjoy it.

If you need follow-up on any of the comments please contact me. I will be able to assist you with gathering more information.

Please check it out on our website at:
http://www.sanantonioahu.org/sa_lege.html



SAAHU is proud to be a Silver Seal Certified Chapter

NAHU's Chapter Certification Program is an ongoing program that recognizes excelling chapters all year long.

Recognition is based on criteria satisfaction in various areas.

NAHU Professional Development Resource**RHU and REBC Programs**

Your clients deserve the best possible guidance for their health insurance needs. An RHU and REBC is a qualified professional who can provide specialized insight and help their client select the appropriate individual and group health insurance plans.

NAHU Introduction to Consumer-Driven Health Plans

NAHU also provides a new interactive online consumer-directed health care certification course. Go to www.nahu.org to find more information and to register for the online course.

Online Learning Institute

Here you will find a variety of inexpensive alternative choices of learning formats for your continuing-education needs including:

[The Future of the Health Insurance Agent](#)

[Disclose Commissions-Charge Fees-Get Paid!](#)

[DI is not a 4- Letter Word](#)

**Compliance Training Tools
Certified in Long-Term Care (CLTC)**

The CLTC program is the #1 designation in the LTC industry with over 18,000 graduates to date. Now this program is available in an online, study on-demand format: CLTC e-Learning.

www.CLTCdemo.com

23rd ANNUAL TAHU CONVENTION

Mark Your Calendars!

**THE 23rd ANNUAL TAHU CONVENTION
IS COMING TO SAN ANTONIO!**

May 5 - 7th, 2011

Westin La Cantera Resort





Guess who's coming to Texas?

NAHU that's who!

This year the National Annual Convention will be held in historic San Antonio June 24th – 29th

Each year Texas sends more people to NAHU's Convention than almost any other state. This time around it's in our own backyard, so don't miss out being a part of something grand.

NAHU wants you to get your time and money's worth so June 27th is *Professional Development Day*.

It features an incredible lineup of education classes (including CE's filed in all 50 states) and topics than range from Sales Strategies, to Social Media, to Self-Funding, to PPACA's Impact on HSA's, small businesses and W-2 reporting.

We've got over 1,900 members here folks. Lets give NAHU a big old Texas sized welcome by a great representation of us.

I know I'm a little biased, but I believe we have the greatest region, most amazing state board, and have 14 of the most dedicated local chapters in the nation.

I've had the privilege to see what y'all are doing and to put it bluntly - you rock!

Right now Texas is in 1st Place for large state with the most new members, Houston is in 2nd place for large local chapter most new members and we hold spots #1 and #2 for small chapters in the NAHU GAIN contest. Not to mention we've established 2 new chapters in the last 2 years that are both going strong.

You have a lot to be proud of. So come strut your stuff (but be nice about it) at NAHU's San Antonio Convention.

[Visit the Convention Website for more details and to register today!](#)

Or please give me a holla with all your questions.

Jennifer Davault, jdavault@tahu.org
NAHU Professional Development Committee Chair

See ya there!

MEMBERSHIP

Are you involved in the insurance industry?

If you are, you should belong to SAAHU!

At a time when Congress and state legislators are considering bills that could change, or even eliminate your livelihood, SAAHU, and its parent organizations, TAHU and NAHU, are the only unwavering voices representing your interest. We know how important you are to the health and well-being of the

people you serve and we bring that message to your elected officials, clearly and forcefully, everyday! To find out more information on what NAHU, TAHU and SAAHU can do for you, please visit us at www.sanantonioahu.org and click on the Membership link!!!



Nicole Scott
Membership Chair

WEBSITE

Have you been to www.sanantonioahu.org lately?

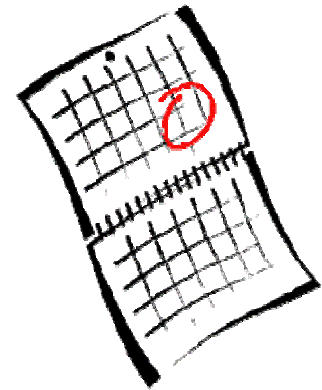
Some things have changed.

We have been working to get the website up to date, adding more resources, event dates and popular links. Work is still in progress, if you have ideas or suggestions, please send them to me
Sandy Johnson, Website Chair
at sjohnson@hjassoc.com.

Please visit us at www.sanantonioahu.org



SAAHU CALENDAR OF EVENTS



April 12, 2011

**20th Annual SAAHU
Education Symposium**
Holy Trinity

April 20, 2011

11:30—1:00

April SAAHU Luncheon
Maggiano's Little Italy

May 5-7, 2011

23rd Annual TAHU Convention

Westin La Cantera Resort - San Antonio, TX

May 18, 2011

11:30—1:00

May SAAHU Luncheon
Maggiano's Little Italy

June 15, 2011

11:30 – 1:00

**SAAHU Installation of Officers and
Awards Luncheon**
Maggiano's Little Italy

June 26-29, 2011

NAHU Annual Convention
Grand Hyatt—San Antonio, TX

August 5-6, 2011

NAHU Region VI Conference
New Orleans, LA

**A Special thank you to UnitedHealthcare
for your continuous support of SAAHU
as our Luncheon Sponsor!**



HEALTHY NOTES

Nutrition Awareness

When eating out!!! Eating out doesn't have to sabotage an otherwise healthy diet. You just need to give it a little thought. Watch out for wording. Menu terms like batter-fried, pan-fried, buttered, creamed, crispy and breaded are all clues that the item may contain EXTRA fat and calories.

1. Order healthy side dishes. Such as a salad, baked potato or sweet potato (skip the butter), or fruit rather than the fries or chips.
2. Cut large portions in half. Share with a friend, take leftovers home for later, or order the child-size portion.
3. Eat slowly. It can take 20 minutes for your brain to receive the message from your stomach that it has had enough.

For those with "Smart Phones" you can download the FREE "Restaurant Nutrition" App to help you make healthy decisions. Developed by Foundation Healthcare Network, the app allows a user to easily view nutritional information about popular chain restaurant and fast-food menus and can track what you've eaten.

We're on the Web!
www.sanantonioahu.org